

# The Lion's Roar

Weekly Community Newsletter: Week Of December 30th



### MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone had a great Holiday Break with family and friends! It has been a tremendous start to the 2024-2025 academic school year...and we all are looking forward to launching into the second half of the school year with excitement, enthusiasm, and determination to build on all of the positive foundational pieces we have laid thus far.



We are extremely proud of all of the efforts from <a href="EVERYONE">EVERYONE</a> in the McAvinnue Community during the first portion of this school year...this is our students, our faculty, our parents, and our community partners! We are eager to continue to the hard work by strengthening our teaching practices, incorporating flexible decision-making, and focus on the overall well-being of all stakeholders.

This is the time of the year that we all make a "New Year's Resolution". We pick something that we want to set as a goal for improvement...and cross our fingers that we will accomplish it throughout the new year. Here is some interesting information about the history of making a "New Year's Resolution".

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago. They were also the first to hold recorded celebrations in honor of the new year—though for them the year began not in January but in mid-March, when the crops were planted. During a massive 12-day religious festival known as Akitu, the Babylonians crowned a new king or reaffirmed their loyalty to the reigning king. They also made promises to the gods to pay their debts and return any objects they had borrowed. These promises could be considered the forerunners of our New Year's resolutions. If the Babylonians kept to their word, their (pagan) gods would bestow favor on them for the coming year. If not, they would fall out of the gods' favor—a place no one wanted to be.

A similar practice occurred in ancient Rome, after the reform-minded emperor Julius Caesar tinkered with the calendar and established January 1 as the beginning of the new year circa 46 B.C. Named for Janus, the two-faced god whose spirit inhabited doorways and arches, January had special significance for the Romans. Believing that Janus symbolically looked backwards into the previous year and ahead into the future, the Romans offered sacrifices to the deity and made promises of good conduct for the coming year.

Despite the tradition's roots, New Year's resolutions today are a mostly secular practice. Instead of making promises to the gods, most people make resolutions only to themselves, and focus purely on self-improvement (which may explain why such resolutions seem so hard to follow through on). According to recent research, while as many as 45 percent of Americans say they usually make New Year's resolutions, only 8 percent are successful in achieving their goals. But that dismal record probably won't stop people from making resolutions anytime soon—after all, we've had about 4,000 years of practice.

Are you interested in setting some realistic and reasonable goals for your child in 2025? Use the short but helpful video below with your child to support the resolution setting process!

We are looking forward to another successful week at the "best school that we all know"!

If you have any questions, please don't hesitate to reach directly.

Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for the next few weeks:

- Wednesday, January 1st New Years Day No School
- Thursday, January 2nd McAvinnue Reopens @ 9:10 AM
- Monday, January 6th McAvinnue's "Core Value Booster Day"
- Monday, January 6th McAvinnue's Before & After School Program Begins: Session 2
- Tuesday, January 7th ACCESS Testing Begins
- Wednesday, January 8th Early Release Day: Student Dismissal @ 1:30 PM (No PM PreK Classes)

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a <a href="mailto:mdomina@lowell.k12.ma.us">mdomina@lowell.k12.ma.us</a>.

### **New Year's Resolution For Kids**



### McAvinnue's Week In Review



# McAvinnue's "Musician Of The Week"

McAvinnue's final "Musician Of The Week" in 2024 is Stella in Room 307! Stella is learning to read music, including all the notes on a "staff" or written music. She can also identify different sections of music, such as "verse" and "chorus". Keep up the great work!



# McAvinnue's "Artist of the Week"

McAvinnue's final "Artist of the Week" for 2024 is Mylahni in Room 207! She did an awesome job creating patterns on her snowman's scarf and hat! She worked hard to cut and glue her shapes. Her blue background is a magical combination of blue watercolor paint and salt!



# **Grade 4 Opinion Writing Fun!**

Grade 4 students in Room 310 recently completed an opinion writing assignment on whether they would prefer to be a reindeer or elf. The students needed to justify their opinion and engage in a debate with their peers...so much fun! Just to let you know...the majority preferred to be the reindeer!



# Grade 4 Field Trip: "The Big Bad"

Grade 4 students went on a short but amazing field trip to Lowell High School last week to check the play "The Big Bad"! The performance was outstanding and our students truly enjoyed the opportunity to serve as the "jury" to determine if the Big Bad Wolf was guilty! So cool!



# Faculty Appreciation Time!

We kept our faculty hydrated with just a bit of sugar during the crazy final week of 2024 with a simple, but fun Hot Chocolate Bar! It was so good...and a nice surprise for the all of the staff!



# "Holiday Door Decorating Challenge" Winner!

Congrats to Room 207 for winning McAvinnue's "Holiday Door Decorating Challenge"!
They earned 24% of the total vote by our students and faculty! Check out their "Home Alone" themed door! Super cool and nice work by all that contributed to this door decorating masterpiece! The Kindergarten students in Room 207 have earned a special pizza party lunch when we return to school in 2025!

### McAvinnue's Faculty "Holiday Card"!

McAvinnue made its very own holiday card bulletin board this school year! It came out so great!



# McAvinnue's "Holiday Spirit Week" Recap

We had another fantastic and super fun time with McAvinnue's "Holiday Spirit Week" during the final week of 2024! Check out the pictures below and feel our school spirit at the "best school we all know"!

Warm & Cozy Pajama Day





Candy Cane Day







Festive Holiday Sock Day

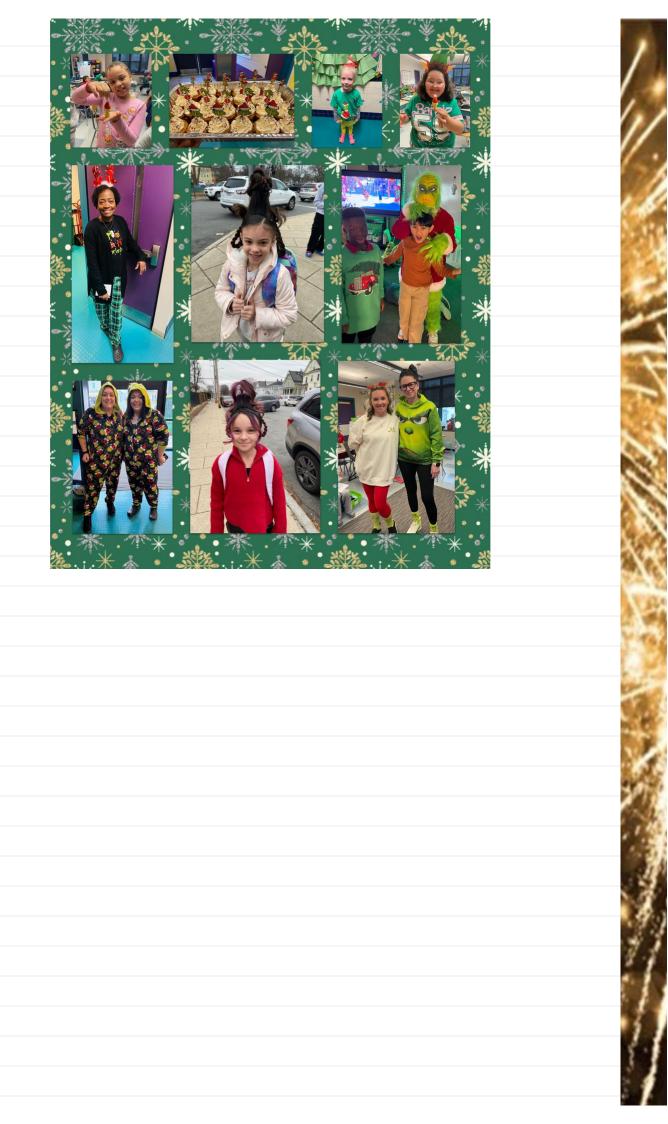


Holiday Bling Day





**Grinch Day** 





# Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.



Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is <a href="mailto:dralls@lowell.k12.ma.us">dralls@lowell.k12.ma.us</a> and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

# **Drop-Off & Pick-Up Logistics**

### **Drop-Off Logistics**

• Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.

- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

### **Morning Lining Up Locations**

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

### **Pick-Up Logistics**

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

# **Bus Transportation Information**

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades 5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned school.



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.



Please note that Kindergarten and 1st grader students <u>must</u> have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

### Click Here For The LPSD "Bus Lookup Tool"

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

Bus Pass Lookup Tutorial

### Tyler's Versatrans e-Link

tyler \*\* Personnel Trubbic Schools eLink

\*\*The Personnel \*\*

\*\*Th

User Name≃ lunch code

Password= birthday mmddyyyy

Example: August 31, 2009 08312009

### Is Your Bus On Time?

The Lowell Public Schools Transportation Department has added a live spreadsheet to its webpage that indicates in the AM or PM if a school bus (grades K-8) is running late and by how long.

Check it out today: <a href="https://www.lowell.k12.ma.us/Page/5990">https://www.lowell.k12.ma.us/Page/5990</a>



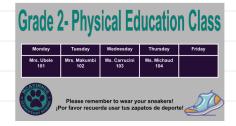
### **Physical Education Class Information With Ms. Rindo**

Here is information regarding when each grade level and homeroom has weekly Physical Education Class with Ms. Rindo.

Please ensure that your child wears sneakers on their assigned day in the gymnasium so that can fully participate.



Monday	Tuesday	Wednesday	Thursday	Friday
Mrs. Gervais 204		Ms. Corio 201	Mrs. Joyce 202	Ms. Wagner



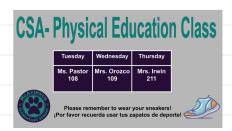
Kindergarten

**Grade 1** 

**Grade 2** 







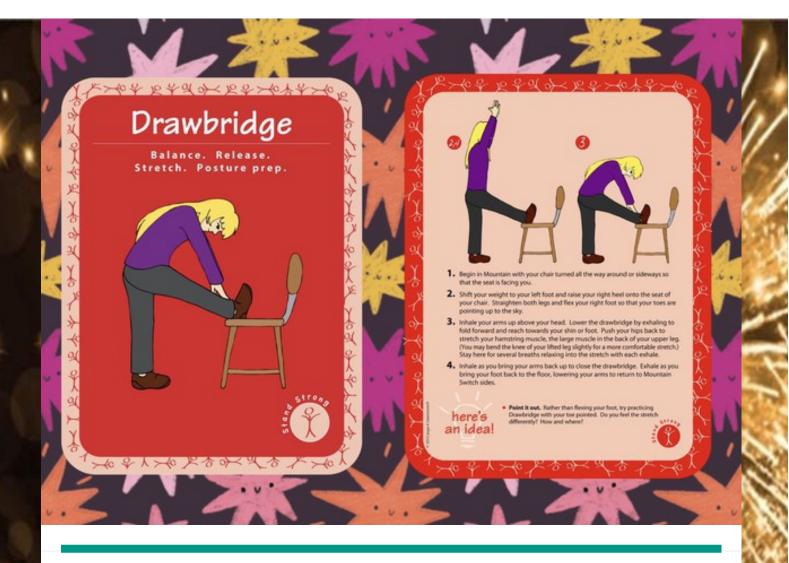
Grade 3 Grade 4 CSA

### McAvinnue's Yoga Pose Of The Week: "Drawbridge"

We will continue to practice the pose that we ended the final school week of 2024 called the "Drawbridge"! This pose will allow us to work on our balance while getting a good stretch that will release tension and practice proper posture. We will practice the "Drawbridge" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!



# **Upcoming Events**

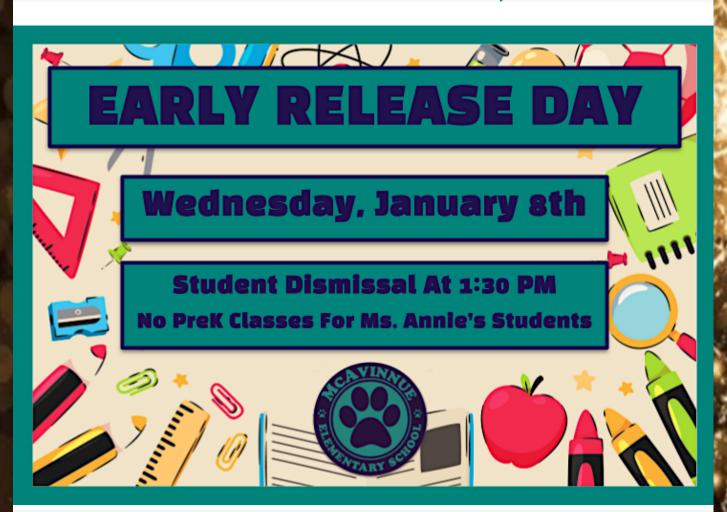


Here are important dates to remember in the month of January:

• Wednesday, January 1st - New Years Day - No School

- Thursday, January 2nd McAvinnue Reopens @ 9:10 AM
- Monday, January 6th McAvinnue's "Core Value Booster Day"
- Monday, January 6th McAvinnue's Before & After School Program Begins: Session 2
- Tuesday, January 7th ACCESS Testing Begins
- Wednesday, January 8th Early Release Day: Student Dismissal @ 1:30 PM (No PreK Classes For Ms. Annie's Students)
- Wednesday, January 15th Wednesday, January 22nd Vision & Hearing Screenings
- Friday, January 17th Grade 3 Field Trip: Boston Museum Of Science Field Trip
- <u>Friday, January 17th</u> Kindergarten Field Trip: "Elephant & Piggie" Merrimack Repertory
   Theatre @ 11:00 AM 1:00 PM
- Monday, January 20th Dr. Martin Luther King Jr. Day No School
- Thursday, January 23rd McAvinnue's "Family STEM Night" @ 6:00 PM 7:30 PM
- Friday, January 24th Grade 1 Field Trip: Elephant & Piggies " We Are In A Play" Merrimack Repertory Theatre @ 11:00 AM 1:00 PM
- Wednesday, January 29th Progress Report Distribution: PreK Grade 4
- Thursday, January 30th Grade 4 Field Trip: UMass Lowell "Heath & Fitness Day"
- <u>Friday, January 31st</u> McAvinnue's "Lions Pride" Core Value All School Celebration: January Edition

### Early Release Day - Wednesday, January 8th



There will be a district-wide "Early Release Day" on Wednesday, January 8th. Students will be dismissed at McAvinnue at 1:30 PM on this day. There will be no PreK classes for Ms. Annie's students.

Please make the necessary arrangements to be available for your child on this day.

If you have any questions, please reach out to the Main Office for support.

# **ST Math Weekly Progress!**

As we prepare to set sail into 2025, let's celebrate how far we've come and get excited about the adventures that lie ahead!

### Puzzle Count Progress

Students have solved an impressive number of puzzles- over 386,000- this year! Their determination and problem-solving skills have made waves!



### The Math Journey

Whether it's mastering new concepts or taking on challenging puzzles, they've shown tremendous growth. Keep confidence up as they continue building math superpowers! McAvinnue's Puzzle Goal Progress is 40%.

### Adventure Awaits in 2025

We'll continue the *island-themed journey* full of exploration, teamwork, and math discovery. Students are navigating through challenges, uncovering hidden treasures, and sharpening their skills along the way.

Grab a compass, bring curiosity, and let's keep diving into exciting new learning with ST Math!









40%



**Average Puzzle Goal Progress** 







Average number of puzzles per student:

**58** 



**New ST Math Progress Champions** 



# McAvinnue's ST Math Progress Champions





Alianna Room 302



Gael Room 202



Yuva Room 102

2024-2025 School Year Calendar

#### Superintendent of Schools-Lowell Public Schools- Lowell, MA 2024-2025 School Year Calendar

Monday, August 26, 2024	Staff Return to School - Staff Orientation Day		
Tuesday, August 27, 2024	First Day of School - Grades 1-12		
Friday, August 30, 2024	No School Labor Day Recess		
Monday, September 2, 2024 *	No School - Labor Day		
Tuesday, September 3, 2024	No School - State Primary Elections		
Wednesday, September 4, 2024	First Day of School - Pre-Kindergarten & Kindergarten		
Wednesday, October 9, 2024	Wednesday - Early Release for grades PreK-12		
Monday, October 14, 2024 *	No School - Indigenous Peoples' Day		
Tuesday, November 5, 2024	No School for Students -Election Day -Professional Day for Staff		
Monday, November 11, 2024 *	No School - Veterans' Day Observed		
Wednesday, November 27, 2024	Early Dismissal - Thanksgiving Recess		
Thursday, November 28, 2024 *	No School - Thanksgiving Day		
Friday, November 29, 2024 *	No School – Thanksgiving Recess		
Monday, December 2, 2024	Schools Re-Open		
Wednesday, December 4, 2024	Wednesday - Early Release for grades PreK-12		
Friday, December 20, 2024	Winter Vacation Begins at the Close of Day		
Tuesday, December 24, 2024*	Christmas Eve		
Wednesday, December 25, 2024	Christmas Day		
Tuesday, December 31, 2024 *	New Year's Eve		
Wednesday, January 1, 2025 *	New Year's Day		
Thursday, January 2, 2025	Schools Re-Open		
Wednesday, January 8, 2025	Wednesday - Early Release for grades PreK-12		
Monday, January 20, 2025 *	No School - Martin Luther King, Jr. Day		
Wednesday, February 5, 2025	Wednesday - Early Release for grades PreK-12		
Friday, February 14, 2025	Mid-Winter Vacation Begins at the Close of School		
Monday, February 17, 2025 *	President's Day [Mid-Winter Vacation: Monday, February 17 - Friday, February 21, 2025]		
Monday, February 24, 2025	Monday – Schools Re-Open		
Wednesday, March 5, 2025	Wednesday - Early Release for grades PreK-12		
Thursday, April 17, 2025	Spring Vacation Begins at the Close of School		
Friday, April 18, 2025 *	No School – Good Friday		
Monday, April 21, 2025 *	Patriot's Day - [Spring Break: Monday, April 21- Friday, April 25, 2025]		
Monday, April 28, 2025	Schools Re-Open		
Wednesday, May 14, 2025	Wednesday - Early Release for grades PreK-12		
Monday, May 26, 2025 *	No School – Memorial Day		
Friday, June 13, 2025	180th School Day - Early Release for grades PreK-12 on Last Day of School		
Thursday, June 19, 2025 *	Juneteenth		
Monday, June 23, 2025	185th School Day [Includes five (5) Snow Days]		

Approved by the Lowell School Committee at their meeting of: 4/17/24

\* Central Administration, Family Resource Center will be closed in observance of a holiday

Number	of Sch	ool Days Per	Month
August	3	January	21
September	19	February	15
October	22	March	21
November	17	April	16
December	15	May	21
		June	10





2024-2025 LPSD Calendar.pdf

Download 236.8 KB

### McAvinnue's School Site Council 2024-2025

McAvinnue's Site Council is a group of faculty, parents, and community stakeholders who come together to help drive the instructional focus of the McAvinnue Elementary School. We look at student data and make decisions about the school's Quality Improvement Plan and budget.



We need one additional parent to join this important group. The commitment is one, one-hour, meeting each month usually on Zoom. As we hit budget season in February-April, there will be other meetings added.

If you would like to be a part of the team, please fill out the form below. If you have questions, please reach out to Mr. Domina at <a href="mailto:mdomina@lowell.k12.ma.us">mdomina@lowell.k12.ma.us</a>.



# McAvinnue's School Site Council Interest Form

Please complete the information below if you are interested in joining McAvinnue's School Site Council.

McAvinnue's Site Council is a group of faculty, parents, and community stakeholders who come together to help drive the instructional focus of the McAvinnue Flementary

### **McAvinnue's Morning Announcements Are Back!**

McAvinnue's "Morning Announcements" are back once again for the 2024-2025 academic school year! We are excited to bring these back starting on Monday, September 16th!

Like we had successfully done during previous school years, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each



week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

### McAvinnue's Morning Announcements will occur on Monday, Wednesday, and Friday each week.

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

### https://www.youtube.com/channel/UC7hxiBuRjqjqfASl\_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below for last school year!

!



# **Parent & Family Resources**

### **Should I Send My Child To School?**

Please see the chart below that will help you decide whether you should send your child to school.

If you have any questions or are not sure whether you should send your child to school, please reach out to the school and ask to speak with Nurse Danielle.





### SHOULD I SEND MY CHILD TO SCHOOL?

STAY HOME FOR	Students May Return after
Fever: temperature of 100.4°F or greater	Fever-free for 24 hours without taking fever- reducing medicine like Tylenol or Motrin
Vomiting or Diarrhea	Symptom-free for 24 hours
Skin Rash	Condition has been diagnosed by a doctor, and treatment started if indicated, and doctor's note received by nurse
Red eyes with eye drainage: yellow or brown drainage from the eyes, crusting at eyelashes	Condition has been diagnosed by a doctor, and treatment started if indicated, with a doctor's note (24 hours on antibiotics if conjunctivitis)
Live Head Lice	Medicated Lice Shampoo Treatment has been completed, and no live lice are found
A contagious illness like chickenpox, or strep throat	A doctor or public health official says it is safe to return and/ or the child has been on antibiotics for 24 hours.
Student's immunizations are not up-to-date and an exclusion notice has been given	Required vaccines have been received



#### OK FOR SCHOOL!

- Chronic Diseases (Controlled Asthma, Diabetes, Sickle Cell, Epilepsy)
- Mild Cold Symptoms Stuffy nose/ runny nose, sneezing, mild cough, no fever

   Menstrual Issues cramps

  - Someone at home is sick, stressed, or hospitalized

### Student Handbook 2024-2025

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

Click Here To Access The LPS 2024-2025 Student Handbook

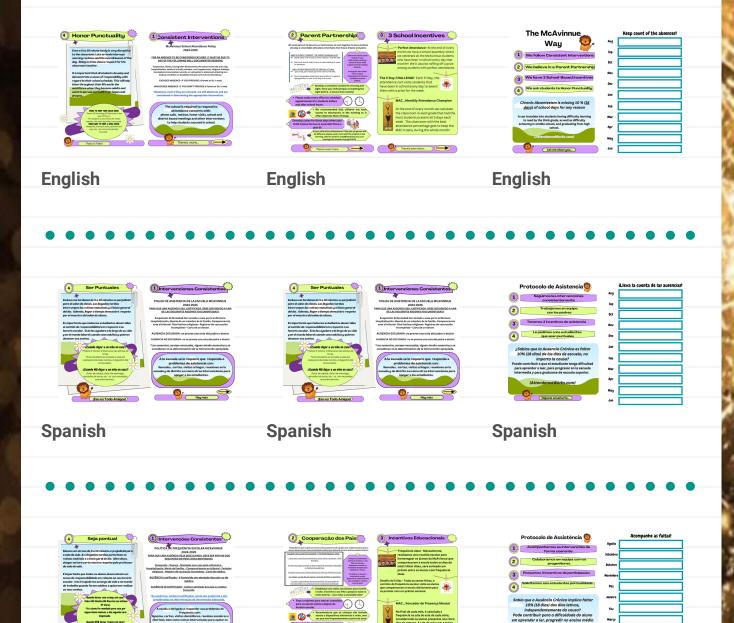
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the engaging and meaning lessons that have been planned by our teachers and related service providers.



The McAvinnue Attendance Team will monitor student attendance on a weekly basis and will reach our directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booket below that will provide additional information. This booket will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.

The handbook is provided in three languages below.



Portuguese Portuguese Portuguese

### Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the <u>LPS Food and Nutrition website</u>.

Any concerns please feel free to email <a href="mailto:foodservice@lowell.k12.ma.us">foodservice@lowell.k12.ma.us</a>

# GREAT NEWS

# PERMANENT FREE SCHOOL MEALS FOR ALL

### WHY EAT SCHOOL BREAKFAST + LUNCH?

Better <b>Productivity</b>	improved focus, behavior, & attendance rate.
Better <b>Health</b>	good for the brain & gives students the fuel to learn.
Better <b>Days</b>	one less thing to worry about & it's free!



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# December/January Breakfast & Lunch Menus



Check out https://lowellk12ma.nutrislice.com/ for Menu's. Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

Pancake Sausage on a Stick Assorted Cereal Bowls with Graham Cracker

Served with Apples & Pears

Cinnamon Raisin Bagel

Assorted Cereal Bowls with Graham Cracker

Served with Apples & Pears

Mini Maple Waffles

Assorted Cereal Bowl with

Mini Strawberry Filled Bagel Chocolate Chip Muffin

Served with Oranges & Juice

Sausage, egg, and Cheese Bagel

Chocolate Chip Muffin

Served with Oranges & Juice

Bacon, Egg, and Cheese Bagel Sandwich

Blueberry Muffin

Country Chicken Biscuit Double Chocolate Betty

Served with Strawberries & Clementines

Assorted Cereal Bars

Served with Strawberries &

Fruit Breakfast Smoothies

Served with Strawberries &

Asst. Cereal Bar

Apple Frudel

5 Mini Cini Caramel Bagel UBR Rounds

Served with Fresh Fruit Cup & Juice

Served with Fresh Fruit Cup & Juice

Parfait Party! Yogurt Parfait with Mixed Berries

Nature Valley Round

Egg & Cheese Wake up Wrap

Bagel with Cream Cheese

Served with Apples & Bananas

Egg & Cheese English Muffin

Cocoa Day Chocolate Filled Croissant \*It is Back!\*

13

Bagel with Cream Cheese

Served with Apples & Bananas

Cinnamon Roll

Bagel with Cream Cheese

Served with Apples and



This institution is an equal opportunity provider aramark 🔭

Served with Fresh Fruit Cup

Bagel with Cream Cheese

Served with Apples &



Ham and Cheese Sub LG Celery Sticks & Kale Caesar Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Bananas & Berry Cup Street Corn Salad & Carrots LG Clementines & Apples Red Pepper Strips & Side Salad LG Apples & Bananas Cheese Pizza V LTO: Jerk Chicken Pizza Salad LG Pears & Fresh Fruit Cup Apples & Pears French Toast Sticks Chicken Parmesan with Penne<sub>11</sub> Chicken Tamales Chili Chesse Tamales V Greek Salad with a Flatbread V LG Chicken Salad Sandwich on a Bulky Roll th Chicken Sausage or Vegetarian Sausage V General Tso Popcom 12 Chicken with Fried Rice Sausage or Vegetana
Sausage V
Hamburgers & Cheeseburgers
Greek Salad with a Flatbread V L@
Chicken Salad Sandwich on a Roll
Tater Tots & Roasted Butternut
Squash LG
Apples & Pears Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Greek Salad with a Flatbread LG Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Chicken Salad Sandwich on a Bulky Roll Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Broccoli & Carrots LG Pears & Fresh Fruit Cup Roasted Green Beans & Carrots LG Bananas & Berry Cup Chicken and Vegetable
Dumplings with Veggies
same Dumplings with Veggies V
Chicken Parm Sub Tex Mex Frittata
With a Warm Biscuit
Bosco Cheese Sticks
with Marinara Sauce V Wally's Boomin' Nachos 19
Wally's Boomin' Bean Nachos V
Fish and Chips with Coleslaw and
A Dinner Roll Cheese Pizza V BBQ Chicken Pizza Kale Chicken Caesar Salad with Pizza Platter Chicken Caesar Wrap LG Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Broccoli & Carrot LG Apples & Pears Served with Roasted Potatoes, Green Beans & Carrots LG Pears & Fresh Fruit Cup Peach Cobbler Bananas & Berry Cup \*\*\* Happy Holidays!! Ham Chef Salad with Flatbread LG Bagel Power Pack V Moroccan Harissa Wrap Red Pepper Strips & Side Salad LG Apples & Bananas Roasted Chickpeas & Tater Tots Oranges & Apples

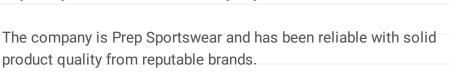
### Elementary Lunch Menu - December 2024.pdf

Download 662.3 KB

### McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders.

Anytime you want to order...on any day!





There is a 30% off deal occurring now on all items! This is a major discount if you are interested in purchasing McAvinnue merchandise.

Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

### **Click To Access Prep Sportswear Spirit Gear**

### **General Information**

How can I update my contact information (phone number/email/address)?

Go online to the Family Resource Webpage
 (https://www.lowell.k12.ma.us/UpdateContactInfo)
 and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource



Center. If an address change is related to economic factors or housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney

Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <a href="https://www.lowell.k12.ma.us/HomelessAssistance">https://www.lowell.k12.ma.us/HomelessAssistance</a>.

### How do I update my emergency contacts?

 If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

### How do I register my child for the new school year?

All school registrations are completed online using a computer or laptop. You can access the
online application by going to <a href="https://www.lowell.k12.ma.us/SchoolRegistration">https://www.lowell.k12.ma.us/SchoolRegistration</a>. If you only
have a mobile device and don't have access to a computer or laptop, you can register in
person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource
Center if you have any questions (978-674-4321).

### What should I do if I need to register my child(ren) and I don't speak English?

• The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <a href="https://www.lowell.k12.ma.us/SchoolRegistration">https://www.lowell.k12.ma.us/SchoolRegistration</a>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

### How old does my child need to be to enroll in preschool or kindergarten?

A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool
and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to
<a href="https://www.lowell.k12.ma.us/PreschoolRegistration">https://www.lowell.k12.ma.us/PreschoolRegistration</a> to fill out an online application or
<a href="https://www.lowell.k12.ma.us/KindergartenRegistration">https://www.lowell.k12.ma.us/KindergartenRegistration</a> for kindergarten. For registration
questions, please call (978) 674-4321.

### How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
- Families can apply online at <a href="https://www.lowell.k12.ma.us/SchoolTransfer">https://www.lowell.k12.ma.us/SchoolTransfer</a> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

# **Community Connections & Opportunities**



### **Winter Playground Opportiunities**

Check out the Winter Playground opportunities offered by the Lowell Public Schools. Registration information can be found below.











Winter **Playgroups** Offered January 7 through April 11, 2025. Tuesdays through Fridays from 10 am to 11am at locations in Lowell.

For children under 5 years old and their parent/caregiver.

Join us for free fun activities, storytime and parent/caregiver support. Grupos de juego de invierno se ofrecen del 7 de enero al 11 de abril de 2025.

De Martes a Viernes de 10 a.m. a 11 a.m. en sucursales de Lowell.

Para niños menores de 5 años y sus padres/cuidadores.

Únase a nosotros para disfrutar de actividades divertidas gratuitas, lectura de cuentos y apoyo para padres y cuidadores.







Registration is required for each playgroup.
Scan QR Code for details & to register.
or visit this link for details & to register:
<a href="https://www.lowell.k12.ma.us/LPSplaygroups">https://www.lowell.k12.ma.us/LPSplaygroups</a>
or call 978-967-6784 for questions

I Oam Playgroup locations
Tuesdays, YMCA, 35 YMCA Dr., or
Tuesdays, Lowell Housing Authority, 580
Chelmsford St
Wednesdays, St. Rita's 158 Mammoth Rd
Thursdays, YMCA, 35 YMCA Dr.
Fridays Pollard Library, 401 Merrimack St, or
Fridays St. Rita's, 158 Mammoth Rd

Es necesario registrarse para cada grupo de juego.

Escanee el código QR para obtener más detalles y registrarse.
o visite este enlace para obtener más detalles y registrarse:
https://www.lowell.k12.ma.us/LPSplaygroups o llame al 978-967-6784 para preguntas

Ubicaciones de los grupos de juego 10 a.m. con facilitadores que hablan español Viernes Pollard Library, **401 Merrimack St** o Viernes St. Rita's, **158 Mammoth Rd** 



Lowell Public Schools (LPS) CFCE program is funded by the Coordinated Family & Community Engagement grant awarded the LPS by the Department of Early Education and Care.

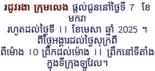




Grupos de recreação de inverno oferecidos de 7 de janeiro a 11 de abril de 2025. De terça a sexta, das 10h às 11h, em locais em Lowell.

> Para crianças menores de 5 anos e seus pais/cuidadores.

Junte-se a nós para atividades divertidas e gratuitas, hora da história e apoio aos pais/cuidadores.



សម្រាប់កុមារ អាយុក្រោម 5 ឆ្នាំ។

និងឪពុកម្ដាយ/អ្នកថែទាំរបស់ពួកគេ។ ចូលរួមជាមួយពួកយើងសម្រាប់សកម្មភាព សប្បាយៗ សាច់រឿង ្នំ និងជំនួយពីឪពុកម្ដាយ/អ្នកថែទាំ។







### É necessário fazer inscrição para cada grupo de brincadeiras.

Escaneie o código QR para obter detalhes e se registrar. ou visite este link para detalhes e para se registrar:

https://www.lowell.k12.ma.us/LPSplaygroups ou ligue para 978-967-6784 para perguntas

ការចុះឈ្មោះត្រូវបានទាមទារសម្រាប់ក្រុមលេងនីមួយៗ។ ស្កេន QR Code សម្រាប់ព័ត៌មានលម្អិត និងដើម្បី ចុះ ឈោះ។

ឬចូលទៅកាន់តំណនេះសម្រាប់ព័ត៌មានលម្អិត និងចុះ ឈ្មោះ៖ https://www.lowell.kl.2.ma.us/LPSplaygroups

https://www.lowell.k12.ma.us/LPSplaygroups ឬទូរស័ព្ទទៅលេខ 978-967-6784 សម្រាប់សំណួរ ផ្សេងៗ

ម៉ោង 10 ព្រឹក ទីតាំង Playgroup ជាមួយអ្នក សម្របសម្រួលនិយាយភាសាខ្មែរ

ថ្ងៃអង្គារ នៅ LHA, 580 Chelmsford St

ថ្ងៃពុធ នៅ St. Rita's, 158 Mammoth Rd



Lowell Public Schools (LPS) CFCE program is funded by the Coordinated Family & Community Engagement grant awarded to the LPS by the Department of Early Education and Care.



### **Lowell Recreation Basketball Registration Information**

Check out the registration information for Lowell Recreation Basketball! There are teams for both girls and boys...and all games are in Lowell!



IND US ON THE SOCIALS: F 0 5





Our website can be translated into multiple languages

- Nuestro sitio web se puede traducir a varios idior
- Nosso site pode ser traduzido para vários idiomas
   គេហទំព័ររបស់យើងអាចបកប្រែជាច្រើនភាសា

### **Girls Lacrosse Registration Now Open!**

Registration is now open for Girls Lacrosse for Spring 2025 for girls in grades K-8 (new K program this year!).

To register: www.lowellgirlslacrosse.com

The season will run from the middle of February to June!

# LGL Registration is OPEN for **Spring 2025!**

LGL Littles (new Kindergarten program for 2025)

Grades 1/2

Grades 3/4

Grades 5/6

Grades 7/8

Season runs mid-February through beginning of June

Register online @ lowellgirlslacrosse.com Learn more about our programs on LGL's Teams and FAQs pages!



Questions, please email lowellgirlsyouthlacrosse@gmail.com



### **Lowell Youth Boys Lacrosse Registration Now Open!**

Lowell Youth Lacrosse Spring 2025 registration is now open for boys in grades 1-8. To register: https://lowellyouthlax.com

Practice session begin in March with game play occuring on Sundays.

Financial aid is available if needed.



**UNTIL FEBRUARY 22, 2025** 

### \*FIRST TIME PLAYERS WELCOME\* BOYS GRADES 1-8

\*PRACTICES BEGIN IN MAR GAMES ARE ON SUNDAY







### REGISTER ONLINE TODAY!

www.lowellyouthlax.com



lowellyouthlacrosse@yahoo.com

Made with PosterMyWall.com

### **Cub Scout Pack 7 Information**

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit <a href="https://www.pack7lowell.com">www.pack7lowell.com</a>

Pack 7 meets at St. Rita's Church directly across from McAvinnue!





### **Be A Girl Scout**

Interested in joining the Girl Scouts Of America? Check out the information below for an event on Tuesday, September 17th at 6:00 PM - 7:00 PM at the Pollard Library in Lowell.

To sign up for Girl Scouts of Eastern Massachusetts, please use the link below.



gsema.org/jion



### **Fall Playgroup Opportunities**

The Lowell Public Schools' Coordinated Family and Community Engagement Program holds weekly playgroups for children under 5-years-old and their families.

You can access the registration form below.

### **Click Here To Register**



### **Community Resources & Daycare Options for Families**

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

### Here is a list of daycare options in Lowell:

- Community Team Work (CTI): (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, <u>wma@commteam.org</u>
      - Karen 978-729-7216, kshannon@commteam.org
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, <a href="mailto:kshannon@commteam.org">kshannon@commteam.org</a> to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- YMCA: (978) 454-7825; 1 YMCA Dr in Lowell
  - Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- Family Childcare: Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- Girls Inc: (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)

- Call Pam Lerocque (Director of Finance & Administration) to check on openings
- Boys and Girls Club: (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible



### The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <a href="https://www.lowell.k12.ma.us/Page/5263">https://www.lowell.k12.ma.us/Page/5263</a> or email FLI Director Zoe Dzineku at <a href="mailto:zdzineku@lowell.k12.ma.us">zdzineku@lowell.k12.ma.us</a>.

### **Local Food Support**

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options at <a href="mailto:adelaluz@lowell.k12.ma.us">adelaluz@lowell.k12.ma.us</a>.



### **Community Vaccination Information**

Click the link below to see a comprensive list of local vaccination options for your child.

Please keep in mind that certain vaccinations are required for students to participate in learning at all Lowell Public Schools.

If you have any questions regarding vaccination requirements, please contact Nurse Danielle at the school. She will be glad to help you out and provide you with the information that you require or request.





Community vaccination sites.pdf

Download 1.1 MB

### McAvinnue's Family Read-A-Loud: "Meet January"



### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at:

https://www.lowell.k12.ma.us/mcavinnue



### Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!





### Click To Access McAvinnue's Facebook Page

Click To Access McAvinnue's "X" (Twitter) Page

Click To Access McAvinnue's Instagram Page

### Click To Access McAvinnue's YouTube Channel



### **Our Vision**

McAvinnue Elementary School is a place...where there are <a href="https://miss.ncb.nlm.nih.google-niss

#McAvinnuePride #BeTheDifference #NextLevel

Email: mdomina@lowell.k12.ma.us

**Website:** <a href="https://www.lowell.k12.ma.us/Domain/21">https://www.lowell.k12.ma.us/Domain/21</a> **Location:** 131 Mammoth Road, Lowell, MA, USA

Phone: (978) 937-2871

**Facebook:** <u>facebook.com/McAvinnueElementarySchool/</u>

Twitter: <a>@McAvinnueLPS</a>





### **Michael Domina**

Michael is using Smore to create beautiful newsletters

